



Misty Fjords Overnight Trips Gear List

What to Bring

All you need to bring is appropriate clothing, a sleeping bag and personal items such as a book, camera and binoculars. Our guides are available to check over your gear with you in the days prior to your trip. If you would like to do so, please contact us to arrange a time to meet. Space in the kayaks is limited. We don't want to overpack, but we do want to be sure that everyone will be comfortable. The list below provides a good starting point but please do not hesitate to contact us with questions.

How to Pack

When you arrive in Ketchikan we will provide you with a set of dry bags in which to pack your clothes and sleeping bags.

What Not to Pack

Please avoid bringing perfume, scented lotions or scented deodorants as they may attract bears or insects.

Last Minute Purchases/Forgotten Items

Southeast Sea Kayaks has waterproof re-usable cameras for sale as well as t-shirts, hats and kayaking essentials. Tongass Trading Company and Walmart in Ketchikan both offer camping gear and outerwear for sale.

Dressing for Paddling

We recommend dressing in three layers for paddling and hiking in Misty Fjords. For some days only one layer will be necessary; other days all three layers will help to keep you warm and dry. Guests on the 5 day trip must bring at least two sets of the inner and second layers listed below so that you have a spare set if one gets wet. Please do not pack jeans or any cotton garments - when wet, cotton actually robs the body of heat.

Packing List

Inner layer

- Wool socks - knee length is best with rubber boots. Bring several pairs.
- Capilene, wool or polypropylene thermal top with long sleeves
- Capliene, wool or polypropylene long johns

Second layer

- Polarfleece or wool sweater/jacket



- Fleece pants or synthetic hiking pants

Outer layer

- Waterproof, breathable rain jacket with sealed seams and a hood. A paddling specific jacket is ideal but not essential. Kokatat, Lotus Designs and NRS all sell good quality paddling jackets.
- Waterproof seam sealed rain pants.

Footwear

- Xtra Tuff rubber boots - available for our guests to borrow.
- Hiking boots or sneakers (optional most hiking is done in rubber boots.)
- Texas, chacos or other comfortable shoes for wearing around camp.

Headwear

- Wool or synthetic beanie
- Cap or broad brimmed rain hat.

Sleepwear

- Warm Pajamas or extra set of long underwear.

Sleeping Bag

- Synthetic sleeping bags are best as down sleeping bags are not great in wet conditions. Large sleeping bags can be too bulky to pack into the kayaks. If you plan to purchase a new sleeping bag for the trip, look for one that is waterproof (available from companies like Sierra Designs.)

Toiletries

Our guides carry a first aid kit for the group as well as insect repellent (which contains DEET) and an environmentally friendly soap for washing. Please bring any personal medications that you may need and inform your guides of any medical conditions.

- Unscented Deodorant
- Toothbrush & toothpaste
- Sunscreen
- Medications

Optional Items

- Shorts
- T-shirt



- Gloves
- Bathing suit
- Sunglasses
- Small pack towel
- Headlamp or small flashlight
- Camera & binoculars
- Book
- Unscented Lotion or Avon's Skin-so-soft
- Favorite Snacks - be sure to give them to your guide so that they stay with the food items.